SUPERVISION PERSONALISATION FORM - ASSESSMENT V1.1

(Wallace and Cooper, 2012, pluralistictherapy.com)

On each of the scales below, please indicate any preferences you might have for how you would like your supervisor to work with you. Please put a line through the appropriate number along the scale, *with 5 indicating a very strong preference in that direction, and 1 indicating a slight preference in that direction*. If you do not know, please leave the scale blank.

I would like my supervisor to…

1. Offer theoretical input					No preference					Not offer theoretical input
5	4	3	2	1	0	1	2	3	4	5
2. Focus on my strengths & abilities					No preference					Focus on my problems & difficulties
5	4	3	2	1	0	1	2	3	4	5
3. Focus on the relationship between us					No preference					Not focus on the relationship between us
5	4	3	2	1	0	1	2	3	4	5
4. Provide lots of structure					No preference					Provide little structure
5	4	3	2	1	0	1	2	3	4	5
5. Focus on *my clients'* issues & experiences					No preference					Focus on *my* issues & experiences
5	4	3	2	1	0	1	2	3	4	5
6. Self-disclose					No preference					Not self-disclose
5	4	3	2	1	0	1	2	3	4	5
7. Draw on more than one orientation					No preference					Draw on one orientation
5	4	3	2	1	0	1	2	3	4	5
8. Provide active techniques/exercises					No preference					Not provide active techniques/exercises
5	4	3	2	1	0	1	2	3	4	5
9. Suggest reading & reflection outside of supervision					No preference					Not suggest reading & reflection outside of supervision
	4	3	2	1	0	1	2	3	4	5
10. Talk more					No preference					Listen more
	4	3	2	1	0	1	2	3	4	5
11. Directly challenge me					No preference					Not directly challenge me
5	4	3	2	1	0	1	2	3	4	5